

IT'S OKAY TO ASK FOR HELP



You don't have to fight your battle alone



**TALK to your Provider today
or connect with a live
person 24/7**



**Do you know someone
who needs help now?**

Call/Text **988**

or

Text "**HOME**" to **741741**



**Medicaid 24/7 Mental
Health Crisis Hotline**

Carolina Complete Health:

1-855-798-7093

WellCare: 1-833-207-4240

Vaya Health: 1-800-849-6127

Trillium : 1-888-302-0738

Active Suicidal Thoughts?

Call 911 and request a
CIT officer
(CRISIS Intervention Trained)
or go to your nearest
emergency room.

**National Suicide Prevention
Lifeline**

1-800-273- Talk (8255)

In-Person Services

**Guilford County
Behavioral Health Urgent Care**
931 Third St. Greensboro, NC

Mobile Crisis

(Alamance, Caswell, & Pearson Counties)
1-844-709-4097

RHA

Crisis and Diversion Center

(Walk in 8am-12am)
963 Kirkpatrick Rd.
Burlington, NC

*Entrance door is to the right of
the main automatic sliding
doors on the ground level

LGBTQ

The Trevor Project

1-866-488-7386

Text "**START**" to **678-678**

LGBT National Hotline

1-888-843-4564

Transgender Lifeline

1-877-565-8860

SAGE LGBT Elder Hotline

1-877-360-LGBT (5428)

YOU ARE NEVER ALONE
Burlington/Mebane Pediatrics
Phone Number: 336-228-8316

